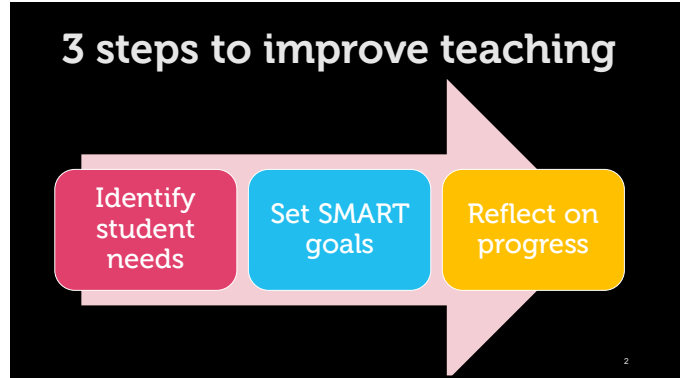




1



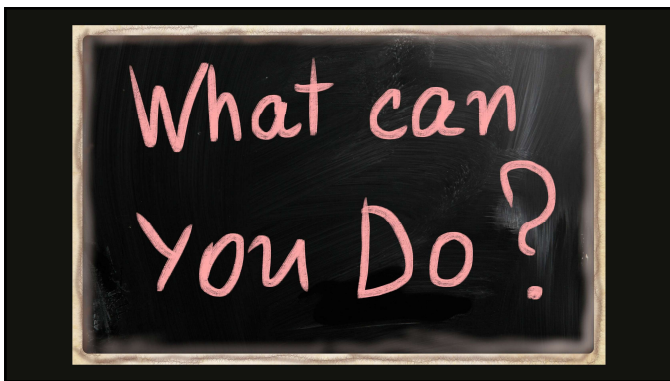
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3



4



5

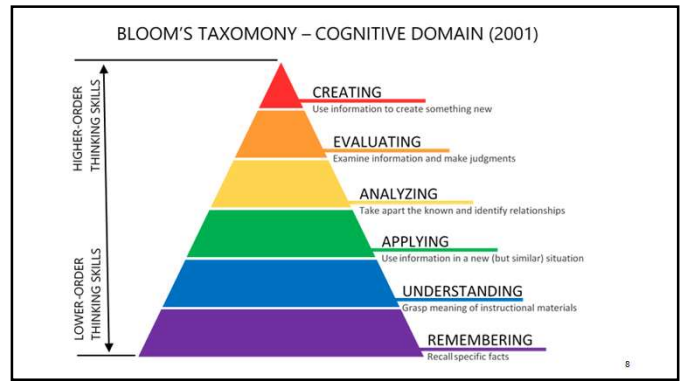


6

## Why set goals?

-  Direction
-  Motivation
-  Measure progress
-  Accountability

7



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### BLOOM'S TAXONOMY DIGITAL PLANNING VERBS

REMEMBERING	UNDERSTANDING	APPLYING	ANALYZING	EVALUATING	CREATING
Copying Defining Finding Locating Quoting Listening Googling Repeating Retrieving Outlining Highlighting Memorizing Networking Searching Identifying Selecting Tabulating Duplicating Matching Bookmarking Bullet-pointing	Annotating Tweeting Associating Tagging Summarizing Relating Categorizing Paraphrasing Predicting Comparing Contrasting Commenting Journaling Interpreting Grouping Inferring Estimating Extending Gathering Presenting Expressing	Acting out Articulate Reenact Loading Choosing Determining Displaying Judging Executing Examining Implementing Sketching Experimenting Hacking Interviewing Painting Preparing Playing Integrating Presenting Charting	Calculating Categorizing Breaking Down Correlating Deconstructing Linking Mishmash Mind-Mapping Organizing Appraising Advertising Dividing Debating Distinguishing Illustrating Questioning Structuring Integrating Attributing Estimating Expanding	Arguing Validating Testing Scoring Assessing Criticizing Commenting Debating Defending Detecting Experimenting Grading Hypothesizing Measuring Moderating Posting Predicting Rating Reflecting Reviewing Editorializing	Blogging Building Animating Adapting Collaborating Composing Directing Devising Podcasting Wiki Building Writing Filming Programming Simulating Role Playing Solving Mixing Facilitating Managing Negotiating Leading

9


1
2
3

State the timeframe

What verb describes the level of cognitive understanding

Use 7 words to detail what you want them to do

10



By the end of the month learners will be able to....

By the end of the day, the learner will be able to....

11

## Benefits

- Specific skills development
- Focused practice
- Focused feedback
- Build confidence

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**Reflect on learning**

**3** New ideas

**2** Ideas to learn more about

**1** Idea for change to practice

15

15



16

**Clinical Journal**

Clinical presentation

Sonographic appearances

Tips and tricks

Find an image

17

17

**Reflecting on teaching**

- What went well in this lesson or course, and why?
- What challenges did I face, and how did I address them?
- What would I do differently next time to improve the learning experience?
- Which teaching methods or strategies were most effective? Why?
- Did I make the content accessible and relatable for all students?
- How did I balance between theoretical instruction and practical application?
- Was my pacing appropriate for the material and the student's needs?
- How effective was the feedback I provided to students?
- How did I address misunderstandings or gaps in knowledge?
- What feedback have I received from students, and how have I used it to improve?
- Are there recurring themes in the feedback that indicate areas for improvement?
- How do I ensure that student feedback is an ongoing part of my teaching practice?
- How engaged were my students during the lesson?
- Did I effectively communicate the learning objectives to the students?
- Were the students able to demonstrate understanding of the material?
- How well did I cater to different learning styles and needs?
- Did I provide enough opportunities for active learning and participation?
- What will you do differently next time?
- What are you taking away from this session?

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