

5 Steps to Competence

LUNG

PUTTING IT TOGETHER

1. Practice the first 3 steps
2. Practice the last 3 steps
3. Perform a whole scan
4. Record and store images and clips for review

5

ASSESS POST CHEST

Evaluate for presence of fluid
Evaluate for B-Lines
Evaluate for signs of pneumonia
Identify x marks the spot for pleural tap

4

ASSESS PLAPS POINT

Evaluate for B-Lines
Evaluate for signs of pneumonia

3

ASSESS LUNG BASES

Assess lung bases with curved probe
Evaluate presence of fluid
Evaluate presence of B-Lines
Evaluate for consolidation

2

M-MODE/CLIP

Perform m-mode trace or record clip of lung sliding

1

SCAN ANTERIOR CHEST WALL

Linear probe – assess lung sliding
In longitudinal – assess several rib spaces for pneumothorax or lung point

Practice Plan

Perform 5 – 10 scans at each step
before moving on

